Théodora Barat was born in 1985. She lives and works in Pantin, France.

Théodora Barat's artistic approach appears as a field where film, sculpture and installation meld. She studied in Nantes School of Art, Manchester Metropolitan University, and Le Fresnoy - Studio national des arts contemporains. She is currently working on a practice-based PhD with RADIAN program dealing with the imprint of nuclear research in the Four Corners area in the United States.

She has been the winner of several grants such as Audi Talents Award (2016), FACE Foundation's Étant donnés (2020), and Drac - Île de France's AIC (2020).

Her work has been shown at CNEAI=, Emily Harvey Foundation and Elizabeth Foundation for the Arts (New York), Nuit Blanche (Paris), La Friche la Belle de Mai (Marseille), Mains d'Œuvres (Saint-Ouen), Glassbox (Paris), Contemporary Art Center (Vilnius, Lithuania), and LABoral (Gijón, Spain) ; and in video programmes at Palais de Tokyo (Paris), Centre Pompidou (Paris), Villa Medicis (Rome), Museum of Fine Arts (Boston), as well as several international film festivals.

Théodora Barat出生於1985年。她在法國龐坦居住和工作。

Théodora Barat的作品融合電影、雕塑和裝置。她曾就讀於Nantes School of Art、曼徹斯特都會大學和Le Fresnoy - Studio national des arts contemporains，現於RADIAN進行她的博士研究。Barat曾獲多個獎項，包括Audi Talents Award（2016）、FACE Foundation Étant donnés（2020）、Drac - Île de France's AIC（2020）。作品曾展出於CNEAI=、Emily Harvey 基金會、Elizabeth藝術基金會（紐約）、白晝之夜（巴黎）、La Friche la Belle de Mai（馬賽）、Mains d'Œuvres（聖旺）、Glassbox（巴黎）、爾紐斯當代藝術中心（立陶宛）、LABoral（西班牙）、東京宮（巴黎）、龐比度中心（巴黎）、美第奇別墅（羅馬）、波士頓美術館等以及多個國際電影節。